

Waseda University

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| First semester of exchange | Autumn semester 2025 |
| Study level | Undergraduate (Bachelor) |
| Home faculty at GU | IT-Faculty |
| Studies at GU | Information Systems: The Digitalisation of Society, Bachelor's Programme |

Courses during exchange

- Monozukuri Culture in Japanese Society
- Cities, Nation, & Modernity
- Social Business
- On identity: A socio-political analysis
- Topics in sustainable development
- Modern Japanese social and cultural history

Studies

Probably the number of courses taken at the same time, and that the majority of them is being held for the full duration of one semester.

Arrival, orientation and housing

I arrived a few days before moving in to Nishi-Waseda International Student House (one of the student dormitories the university provides). The moving-in process was easy and relatively fast, afterwards there were some official work at the local ward that needed to be done. Some home decor and warm light was needed, but after all initial prepp was done, I had settled in quite well.

Finances

My living expenses are about the same, but what they are spent on differ. For example, travel in Sweden is more expensive and in Japan I did not take public transport to get to school.

Life in a new country/culture

It has been nice, the weather has been better than Sweden and the food has been amazing. Made new friends, which is a bit sad to say goodbye to but we will see each other again. There are many more places outside of the big cities that I want to visit, so I will probably come back for personal travel.

Overall exchange experience

I have learnt a lot, not just in school, and I feel like I have grown a bit as a person. I will look back fondly on my time as an exchange student and if someone were to ask me about doing it, I highly recommend, you will not regret doing it!